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Testimony of Appreciation & Recommendation: Nickolette Assy (Executive Coach)

Life is a journey in different dimensions in relationship with everything and everybody around us. The engagement with Nickolette Assy as coach for myself and my colleagues renewed my understanding of who I am; what I stand for being who I am. My interaction with Nickolette is in a safe environment where I can allow my personality and drives to optimally function. Nickolette assisted me with efficacy to understand my current blind spots. She directly challenged me as an individual and related how other people experience me. This impacts both my personal and professional lives to the degree where life is more fulfilling and I am much more confident than before to operate and function in areas of high demand and high conflict: sensitively without rolling over dead. Blind spotted behaviours and strongholds in my life are being uncovered/exposed through Nickolette's caring though stark approach as a coach: a journey of consciously dealing with how I am allowing myself to give up behaviours to allow me to be free and in engaged relationships. Coaching journeys are not always pleasant as a result of the requirement of giving something up: giving up being right. Though sometimes tough, Nickolette's ability of continuous enquiry to the next level allows for this to hit the sweet spot dealing with "being right" in a very direct yet subtle and effective way.

This process and journey with Nickolette is now further cementing my commitment to coaching of my subordinates as well as individuals outside the company in professional as well personal capacity. One such a key group is my family and through the exposure of my latest blind spot with Nickolette further empowered me to coach and lead my family in a much more caring and effective way. Friends and colleagues experience me more responsive and caring though firm. Body- and verbal language from individuals and groups I interact with are evident of this, compared to what I remember from the past. This experience put me in a space of personal peace with the keys: awareness around being offended and not to offend with my gut now being trained to notify my mind to back off or respond rather than to react.

It is my wish and dream that all businesses can enrol in an official coaching/leadership development programme in which managers and employees can be equipped being caring transforming leaders operating as high performers. These leaders are not just crucial for companies, they are well needed in our communities and country. The principles and methods applied by Nickolette can make a significant difference in a very short time like I am experiencing in my coaching relationship with her.



Aart Broekhuizen (General Manager – Pilanesberg Platinum Mines)